

USTA BOYS' 14 NATIONAL HARD COURT CHAMPIONSHIPS

August 9th-16th, 2009

ELIGIBILITY: Entrants for the Boys' 14 National Hard Court Championships must have been born on or after September 1, 1994. These Championships are open only: 1) Top 24 players applying from the USTA/National Championships Selection List, 2) Top 12 players applying from the USTA/National Open Qualifiers, 3) through Sectional Endorsement, 4) endorsed players on the National Standing List. All players must **have submitted timely entries.**

EVENTS BOYS' SINGLES * FULL FEED-IN CONSOLATION CHAMPIONSHIP SINGLES * DOUBLES * PLAY-OFF MATCHES There will be a 256 singles draw of 192 players. There will be a Full Feed-In Consolation Championship Singles event through quarter finals. All players are required to play in the Singles Consolation Draw. All results will count for National Rankings. The losing semifinalists in the main draw play will play-off for 3rd and 4th place. There will be a 96 doubles draw. First round losers of doubles will make up the doubles consolation draw. All players are required to complete the Doubles Consolation Draw. **DOUBLES QUALIFYING** - Players who reach the doubles finals and are finishers in the USTA National Open Championship shall qualify for play in doubles in the USTA National Hard Court Championships, provided they have submitted timely entries. Players are not required to play with the same partner. These players shall be placed in the on-site alternate pool for singles in the order in which their names appear on the most recent National Selection and Seeding List.

ENTRY AND FEE

The Entry Fee is \$75.00 per player which includes Singles and/or Doubles.

Entry deadline is July 16, 2009 at Noon est. Doubles registration will close 15 minutes after the mandatory meeting on August 8, 2009.

ENTRY FEE REFUND POLICY

1. On or before entry deadline (July 16, 2009) – 100% Refund
2. After entry deadline (July 16, 2009) tournament will retain a \$10.00 administrative fee - \$65.00 Refund
3. After draw is made (August 2, 2009) there will be NO REFUND after 5pm cst

PLAYERS WITHIN SECTIONAL ASSOCIATIONS' QUOTAS

Junior players not previously selected who are on the sectional endorsement lists, within the established sectional quota, and who have submitted timely entries shall be accepted in the order determined by the sectional endorser. You must determine from your Sectional Endorser whether you are within your Section's Quota or are on its Alternate List. All QUOTA players are automatically accepted into the draw. It is the Alternates responsibility to find out whether or not he has been accepted into the draw by either 1) calling the Tournament Office at (210) 735-3069 between the hours of 9:00 A.M. and 5:00 P.M., cst or 2) by checking the alternate list on the USTA tournament web page (updated daily).

WITHDRAWAL FROM THE TOURNAMENT

Any player withdrawing from the tournament for any reason, please call the Tournament Office (210)735-3069 *as soon as possible* to allow time for a replacement. Please fax (210-735-3070) or e-mail (tennis20001946@sbcglobal.net) your withdrawal providing us with the reason to officially complete the withdrawal process. *Please refer to the entry fee refund policy.*

TOURNAMENT IDENTIFICATION NUMBER 800001109 @ www.usta.com

PLAYER REGISTRATION - MEETING - 1st Match Time

Player registration is Saturday, August 8th, 2009, 3:30 – 6:30 P.M. Players must submit a USTA Medical Release Form at registration (form available online). At registration players will be given their first match time with their packet, not before.

A complimentary player dinner will be served from 5:00-6:30 P.M.. Immediately after the dinner at 7:00PM, in front of the Pro Shop, there will be a *mandatory meeting* for all participants.

DRAWS - SINGLES AND DOUBLES

The singles draw will be made on August 2, one week (or 7 days) prior to the start of the event. The doubles draw will be made after on-site registration. Singles draws will be posted Saturday morning at McFarlin Tennis Center and on the internet at www.usta.com. The delay in posting the draw is to allow time for changes such as withdrawals and alternate replacements. Doubles draw will be posted Sunday morning. Please provide doubles seeding information to the Tournament Referee during registration.

TIME AND FORMAT OF PLAY

Singles play begins Sunday, August 9th at 8:30 A.M. Doubles will also begin Sunday at about 3 P.M. Every participant must be available to play at their scheduled time. All matches will be the best of three sets. The Set-Tie break shall be used in all sets of all matches including the feed-in championships. No-Ad Scoring may not be used in any match. First round of Singles Consolations will be on Tuesday, August 11th. The Point Penalty System will be strictly enforced, refer to 2009 Edition of Friend at Court, pages 122 -130 . Winners must report match results and return balls after each match. All players please check the draws for next match times.

BALLS

WILSON U.S. Open Balls will be used as the official ball for this tournament.

COURTS

McFarlin Tennis Courts (22 courts), Alamo Heights Tennis Center (12 Courts), Blossom Athletic Center (13 courts) and University of The Incarnate Word (8 courts). All court surfaces have a Plexi-Pave surface. Practice courts will be available at each site.

McFarlin Tennis Center * 1503 San Pedro * San Antonio, Texas 78212
210-735-3069

Alamo Heights Tennis Center*705 Trafalgar* San Antonio, Texas 78216
210-366-3155

Blossom Athletic Center * 12002 Jones-Maltsberger * San Antonio, Texas 78216
210-491-6108

University of The Incarnate Word * 4301 Broadway * San Antonio, Texas 78209
210-283-5006

AWARDS

Winner and Runner-Up awards will be presented for the Singles and Doubles Champions and Finalists, Consolation Champions, Finalists, and to the Play-Off Finalists. Daily Sportsmanship award will be given to the player who exhibits an outstanding disposition. The USTA Sportsmanship plaque will be presented to the outstanding player of the tournament.

OFFICIAL TOURNAMENT HOTEL

The LaQuinta Airport **850 Halm Blvd.** 1-800-531-5900 or 210-342-3738

ALTERNATE TOURNAMENT HOTELS

Please visit our Website www.satennis.com "San Antonio Hotel Information" page for other hotels.

ATTIRE

You are required to wear proper tennis attire at these championships. (i.e. no tank tops, cut-off shorts)

TOURNAMENT REGULATION AND OFFICIALS

The 2009 Edition of FRIEND AT COURT, and the USTA handbook of Tennis Rules and Regulations will be followed. All USTA rules governing play, conduct, and coaching will be strictly enforced at these Championships. The Point Penalty System will be used in these Championships. There will be a First match 15 minute grace period, thereafter the 15 minute default rule will be strictly enforced in all matches. Chair Umpires will be provided for all quarter-final, semi-final, and final rounds. Referee field aides will be used for all early round matches.

TOURNAMENT INFORMATION

The Tournament Headquarters is McFarlin Tennis Center * 1503 San Pedro * San Antonio, Texas * 78212. The Tournament Office telephone number is (210)735-3069 and the fax is (210)735-3070. You can also e-mail the Tournament Office at tennis20001946@sbcglobal.net and visit our web site at www.satennis.com. Co-Tournament Directors are Cherie Mott-Croom and Mary Lynn Gayler.

PRIVATE LESSONS AND CLINICS

Andy Murrillo, Director of Junior Development, Roddick Total Tennis will be available, by appointment only, for hitting sessions/lessons/clinics. Please call 210-632-5444.

USTA/MEDICAL RELEASE FORMS

During the registration process each participant must provide the tournament with a signed USTA MEDICAL RELEASE Form. Please have this form completed. The player can also mail this form to the tournament prior to registration. NO FORM-NO PLAY

WATER PLAY * Hydration Tips for Tennis Players*

Playing conditions in South Texas can be very hard on a player. The temperature in San Antonio during the month of August can range in the high 90's and into the 100's, with high humidity 90% +. When preparing to play in this type of weather conditions, it is important to have a plan well in advance to help organize and implement you strategy for playing in the heat. Following the guideline below will help to reduce the risk of heat illness while enhancing your performance.

Preparation: Get fit. High aerobic fitness and an appropriate level of body fat.....

Taper your training. Reduce the volume of training during the days preceding.....

Acclimatize to the heat. Training in the heat will promote heat acclimatization...

Clothing – Wear white or other light clothing, blend of lightweight cotton/polyester.

Hydration: Drink plenty of fluids – (water, juice, milk, sport drinks) throughout the day....

Check your urine – it should be fairly light-colored or almost clear. If dark in color you are not drinking enough fluids.

If you are constantly in the bathroom to urinate (e.g., every 45 minutes), you may be drinking too much_

Drink regularly – during all practice and warm-up sessions. Drink cool rather than cold fluids. Dilute!

During Play – drink 4 to 8 ounces after warm-up and at each changeover.

After Play – Continue drinking after play

Add some salt to your diet – (by eating certain high-salt foods or adding it to meal or drinks)....

Eat plenty of carbohydrates/Get plenty of sleep/Stay in cool environment

Early Signs of Heat Illness: Headache * Apathy * Clumsiness * Nausea

***Weakness*Confusion * Dizziness * Muscle twinges or cramps Irritability**

*** Decreased Performance**

PLEASE VISIT www.usta.com and click on Juniors, under Juniors – click on Player Information and click on full story “Practical Information for Playing in the Heat.”